

# GUIDE FOR PhD STUDENTS COMING TO THE TERRITORY OF THE SLOVAK REPUBLIC FROM ABROAD (COVID - 19)

Due to the fact that you are coming to the territory of the Slovak Republic from a country that is labelled as risky in connection with the COVID - 19, you are obliged upon your arrival

1. to undergo mandatory isolation at a designated location,
2. register your arrival and
3. get tested for COVID - 19.



Before coming to the territory of the Slovak Republic, you will be assigned a coordinator who will provide you with assistance in fulfilling the obligations listed below and will be your contact person for the entire period of your isolation.

## I. COMPULSORY ISOLATION

Upon your arrival, until you receive a negative COVID-19 test result, you are required to:

- stay at the location of the compulsory isolation,
- refrain from social contacts,
- refrain from travelling in the territory of the Slovak Republic, except for immediate transfer to the isolation location,
- refrain from any activity which requires leaving the isolation location or receiving other persons at the isolation location,
- monitor your health and, in case of signs of COVID - 19 (increased fever, cough, shortness of breath) without delay, call the locally competent Regional Public Health Authority and your coordinator by phone.



The place of your compulsory isolation will be the **Accommodation Facility of the Slovak Academy of Sciences at Royova street no. 10 in Bratislava**. Only after the expiration of the period of the compulsory isolation will you be able to be accommodated in your accommodation facility assigned by the Slovak Academy of Sciences.

## II. COVID-19 REGISTRATION AND TESTING

Upon arrival in the Slovak Republic, it is necessary to contact the locally competent Regional Public Health Authority and your health care provider (general practitioner). If you do not have a general practitioner in the territory of the Slovak Republic, it is necessary to report the placement in the isolation to a locally competent doctor of the self-governing region.



The registration of your arrival in the territory of the Slovak Republic and the contacting of the relevant doctor will be carried out on your behalf by your coordinator.

The Regional Public Health Authority will then ensure that you take the COVID-19 test on the **fifth day** after arrival at the earliest. Testing is usually carried out only at sampling locations, which you need to visit. **Details on the time, the place of testing and the mode of transport will be provided by your coordinator.**

### **III. USEFUL INFORMATION**

#### **III.A. Arrival from abroad**

- In case of arrival, a face mask is required not only in the aircraft, but also during the airport transfer.
- At the airport or station you will be picked up by a driver with a car, or you will be informed by the Slovak Academy of Sciences about the manner of your transport. In the case of transport by car, not only you but also the driver of the car must wear a face mask. Disinfect your hands before getting in the car. It is recommended to have windows ajar along the way. Your coordinator will inform you about the details of the transport.
- If you have to travel to the place of isolation by public transport, keep a face mask on at all times and keep as far away from other people as possible. Choose the shortest and fastest way to the isolation location.
- Contact your coordinator upon arrival by phone or email.
- The Regional Public Health Authority will ensure that you take the COVID-19 test on the fifth day after your arrival at the earliest. You will either receive an SMS about the negative test result and your isolation ends, or in case of a positive test result, the Regional Public Health Authority in cooperation with your coordinator will contact you and inform you exactly about the next steps.
- Until a negative test result is received, you must adhere to the isolation at the designated location.

#### **III.B. Compulsory isolation**

- Do not leave your place of stay during isolation. Limit contact with other people and don't accept visitors.
- Organize your shopping with the help of friends or family and ask them to leave them in front of your door or in another designated location (gatehouse), or, if possible, use the service of food delivery, or local government services, or contact the Slovak Red Cross Association or contact your coordinator.
- The basic preventive measures against viral disease include, in particular, thorough hand washing with disinfectant soap and frequent, sudden ventilation of rooms. Disinfect handles, surfaces and objects that you normally use more often with products containing chlorine or alcohol. Use disposable paper and wet wipes.
- You need to bring your own towel. The accommodation facility will provide you with one set of dishes for catering, necessary cleaning products for dishes, disinfectants, toilet paper and hand soap. You will provide other sanitary utensils at your own expense.
- Necessary and short leaving of the accommodation premises is accepted - (in order to throw out the garbage, take over the purchase, etc.), with the need to cover the upper respiratory tract, social distance and disinfection of hands before leaving the accommodation. It is also essential not to stay unnecessarily long in the common areas of

the accommodation facility. You must have a relevant reason for leaving the isolation location, as you are under the risk of being obliged to prove the reason for leaving the isolation location when a breach of the isolation is investigated.

- You will be transported to the sampling location by a car of the Slovak Academy of Sciences, or in another way determined by the Slovak Academy of Sciences. It is recommended that you sit in the rear right seat with a face mask and have a window at least partially open.
- If the situation allows, it is possible to go to the sampling location on foot, of course in compliance with hygienic measures - wearing a face mask, social separation from strangers, disinfection of hands before leaving the accommodation.
- If you do not feel well and suspect that these are symptoms of COVID - 19, you should contact your coordinator immediately by telephone to help determine the next course of action.

#### IV. SANCTIONS



Failure to observe the measures related to the registration of arrival, testing and isolation is an offence in the area of public health according to Section 56 of Act No. 355/2007, for which the relevant Regional Public Health Authority will impose a **fine on you** pursuant to Section 56(2) of Act No. 355/2007 **in the amount of up to 1,659 Euros**. In the penalty procedure, the bodies of the police authorities of the Slovak Republic and the municipal police may also impose a **fine in the amount of up to 1,000 Euros** for non-compliance with these measures.